

**NLBSL 14U Baseball
2025 Rules Amendments**

1. A regulation game consists of six (6) innings or 90 minutes time limit.
2. One balk warning per pitcher.
3. Base distance is 80 feet.
4. Pitching distance is 54 feet.
5. **PITCH COUNT LIMITS FOR BOYS DIVISIONS**
Baseball all age groups:
 - 3 Innings pitched in one calendar day allows a pitcher to throw the next calendar day. If more than 3 innings are pitched in one calendar day, player must have one calendar day rest before they can pitch again.
 - One day maximum of innings pitched is 6.
 - Three calendar day maximum of innings a pitcher can pitch is 8.
 - If the pitched inning limit is exceeded, The Head Coach will be suspended from that game plus the next game. If this occurs during tournament play, the pitcher will NOT be allowed to pitch for the remainder of the tournament for his own safety.

UPDATED RULE - removing the USSSA bat restriction for 14U

6. If in the judgment of the umpire a bat is unsafe, the umpire has the authority to remove the bat from play. If an unsafe bat is used, the batter will be called out.
7. **UPDATED RULE – metal cleats are not allowed in Plattsburg due to turf fields.**